Once you have generated scripts it is not possible to re-generate them. This is by design as it prevents you from accidentally overwriting any scripts that have been customised. You wouldn't want to lose hours of customisations, now would you?

If you need to regenerate a task or script you will probably find it easier to edit the current entries instead of deleting the existing ones and generating new ones which have to be edited anyway.

When it comes to deleting entries on the menu database all the relevant tasks are there:
- delete a task from a menu
- delete a task from a navigation button
- delete a task

The file names suggested in the "Generate PHP script" function are the default names. If you KNOW that you are going to create several variations of the same pattern then it is up to YOU to alter the suggested names to make them unique. That is what it says in the tutorial.